

KS4 Engagement & Pre-Engagement Programmes

Spring Term availability - 2010

February starts

New Courses!!

Places may be available via ESF Pre Engagement Programme

(unless the young person has already done 'Switch On' with Nacro or been funded by the Pre Engagement Programme before)

Introduction to Mechanical Engineering—City College East

A hands on practical based course that will give you an introduction to mechanical engineering as well as developing team and character building skills. By building an off-road buggy you will go on a learning journey from the planning stage through to development and completion. You will learn how to use and identify different types of metal and materials. By the end of the course you will be able to recognise, explain, strip and rebuild a simple engine and also learn about different types of welding methods.

You will work towards the NOCN Step Up Award.

Start date: **22 Feb 10** End date: **24 May 10**

1 day a week - Mon

Induction: **25 Jan 2.30-3.30**

12 weeks

Cost: £150

**DEADLINE FOR APPLICATIONS— 22 Jan 10
Or ASAP if you would like a support worker**

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Sporting Challenge - Sussex Central YMCA

Through a variety of sports, outdoor pursuits, team building activities and coaching, you will develop techniques to deal more confidently with any challenges that come your way. You will also get a chance to work on your communication skills, to develop your reading and writing skills and take part in a healthy eating project.

You will also work towards the Sports Leadership Level 1 Award

Start date: **24 Feb 10** End date: **28 May 10**

2 days a week - Weds & Fri

Induction: **12 Feb 10.30-11.30**

12 weeks

Cost: £300

**DEADLINE FOR APPLICATIONS— 22 Jan 10
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Empower - Sussex Central YMCA (The Chalk Pit)

Empowerment through confidence building, team work and goal setting.

If you are uncertain of what you want to do when you leave school and would like to explore your options then this is the course for you.

Where appropriate you will get to work on your literacy and numeracy and develop skills to help you make the right choices in life

You will work towards the Bronze Arts Award, the BSC Health & Safety Level 1 and where appropriate an ALAN Award.

Start date: **25 Feb 10** End date: **28 May 10**

2 days a week - Thurs & Fri

Induction: **11 Feb 10.30-11.30**

12 weeks

Cost: £300

Please note: This course is now aimed at MLD Learners.

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